

C H E C K P O I N T S

Of a \$500/week Business

- Sell your First Challenge Pack _____
- First Shakeo HD customer _____
- Sign up your First Coach! _____
- Run your First Challenge Group _____
- Hit Success Club 5 _____
- Get into the habit of posting on news feed 3- 4 times per day! _____
- Hit Emerald Rank _____
- Attend First Live Beachbody Event _____
- Read The Compound Effect by Darren Hardy _____
- Read Go Pro by Eric Worre _____
- Read The Magic of Thinking Big by David Schwartz _____
- Read Change your Thinking. Change your Life by Brian Tracy _____
- Read Crush It by Gary Vaynerchuk _____
- Read Eat that Frog by Brian Tracy _____
- Hit Success Club 10 _____
- New Coach Apprentice - Learn the Basics _____
- Graduate New Coach Apprentice _____
- First Paycheck of \$100 a week _____
- Share your Before & After photos on your Wall _____
- Share your Story on Social Media _____
- Speak on a Team Call as a Testimonial _____
- Speak at a Live Event as a Testimonial _____
- Hit Success Club 3 Months in a Row _____
- Hit Diamond Rank _____
- Help a Customer Lose 10 lbs or More _____
- Gain your 1st Testimonial and Share it on your Wall _____
- Run your 1st New Coach Call Solo (recommended to run your first 2 w/ your upline) _____
- One of your PS Coaches hits Success Club _____
- Post in Power Hour Group for One Month Straight and Track your Results _____
- Bring a Prospective Coach to a 3 way call with your upline and leverage them _____
- Attend Summit (June) _____
- Attend Super Saturday (Live Quarterly Event) _____
- Bring 2 Guests to a Super Saturday _____
- Complete Chalene Johnson's 30 Day Push Program (www.30daypush.com) _____
- Workout with a Beachbody Celebrity Trainer Live _____
- Run a 5 Day Free Challenge Group _____
- Business Activity Tracker Filled out Weekly (12 months in a row) _____
- Finish your 1st Fitness Program (complete the 21-90 days) _____
- Submit your Photos and Enter the Beachbody Challenge (You or a Customer) _____
- Invite your Top 10 List to a What is Team Beachbody Webinar...by asking a favor _____
- Grow your List to 200 contacts (by adding 10 new people a week) _____
- Hit your Personal Fitness/Weight Loss Goal! _____

Track Dates:

\$200 Week:

\$300 Week:

\$400 Week:

\$500 Week:

\$600 Week:

\$800 Week:

\$1000 Week:

